

### Meat

2 cups of cooked chicken  
9 1/2 pound ground beef  
2 pound of ground turkey  
1lb of ground sausage  
6 pounds of ground chicken breast

### Dairy

2 c Shredded Part-Skim Mozzarella Cheese  
Grated Parmesan Cheese (for spaghetti)  
16 Eggs  
4 sticks of butter  
2 cups low fat cheddar cheese  
2-3 cups mexican cheese (for taco rice casserole)  
1 gallon vanilla almond milk  
4 cups of milk

### Vegetables

6-7 medium onions  
1 small bunch green onions  
8 ounces baby bella (cremini) mushrooms  
4-5 large Roma tomatoes  
1 zucchini (for cheeseburger casserole)  
1 cup chopped celery  
3 Large Green Bell Peppers  
11 carrots  
2 heads of escarole

### Fruit

About 28 bananas  
3 lemons

### Canned Goods

2 (8-ounce) cans water chestnuts  
2 cans Tomato Paste  
2 cups of corn  
2 cans of black beans  
2 cans of rotel  
2 cans 28 Ounce Crushed Tomatoes  
1 can (14 Oz. Size) Crushed Tomatoes

1 cup beef broth (low sodium)  
2 cups chicken broth

### Frozen

1 cup frozen peas, thawed  
8 cups frozen strawberries  
24 ounces frozen meatballs

### Pantry

1 cup dried bread crumbs  
1 jar almond butter  
2 cups (6 ounces) uncooked rotini pasta (spiral pasta)  
Box of penne noodles  
½ cup uncooked pasta (ditallini)  
12 cups rolled oats  
2 jars Marinara Sauce  
4 cups rice (taco casserole)  
8 teaspoons of chicken bouillon granules  
3 packs of rice for lettuce wraps  
1/2 cup apple butter

### Seasoning/Baking Supplies

16 cloves finely chopped garlic  
14 tablespoons ground flaxseed  
1 cup shredded coconut  
⅓ cup of honey  
1 cup chopped parsley  
Dried oregano  
kosher salt  
black pepper  
Olive oil  
Worcestershire sauce  
1 teaspoon onion powder  
1 teaspoon garlic salt  
1 teaspoon steak seasoning  
1/2 cup hoisin sauce  
1/4 cup plus 1 tablespoon soy sauce  
2 tablespoons rice vinegar  
2 teaspoons sesame oil  
Ginger

Red pepper flakes  
Canola oil  
2 cups ketchup  
2 tablespoons Dijon mustard  
1 package of Taco seasoning  
7 teaspoon vanilla  
1 teaspoon Ground Thyme  
4 whole Bay Leaves  
1/2 teaspoon ground cinnamon  
2 teaspoons Chili Powder (more To Taste)  
1 teaspoon Dry Mustard  
13-14 cups of flour  
Baking soda  
Baking powder

3 cups dark chocolate chips  
1/2 cup mini chocolate chips  
2 cup coconut oil  
7 cups sugar  
1.5 cup brown sugar  
1/2 cup raisins  
4 unbaked pie crusts